



Northampton Aquatic & Family Center at JFK Middle School, 100 Bridge Rd. Florence

American Red Cross Lifeguarding Spring 2014

(Includes Waterfront Module)

Requirements to participate:

- ♦ Must be 15 years old by the completion of the course.
- ♦ Ability to pass swim test (swim 550 yards using front crawl stroke, breaststroke).
- ♦ Ability to retrieve a 10 lb. diving brick from the bottom of the pool in the deep end and swim with it to the shallow end.
- ♦ Ability to retrieve three dive rings in 4 to 7 feet of water.
- ♦ Tread water for two (2) minutes with hands under armpits.

In this course you will learn about the duties & responsibilities of a lifeguard and how to carry them out in a professional manner. You will also learn how to use surveillance techniques, rescue equipment, and how to manage a suspected spinal injury victim. This class also includes water front module for lifeguarding at a beach. Upon successful completion of this course (including written and rescue skills testing), you will receive an American Red Cross Lifeguard Training certificate. You will also receive CPR for the Professional Rescuer & First Aid. **Attendance at all classes in the session is mandatory.**

Questions, email recreation@northamptonma.gov

Dates: **Friday, May 2 Swimming Pretest* 5:00 - 7:00 pm**
Saturdays, May 3, 10, 17, 24 9:00 am - 5:00 pm

Location: **Aquatic & Family Center at JFK Middle School**

Fee per session: **\$295 / \$305 / \$315** *(includes all materials)*

Pre-registration required —registration deadline: April 25th.

Fees listed in the order of AFC member/non-member/non-member, non-resident

****\$25 of this fee is a non-refundable swim testing fee.***

Registrations accepted at the AFC at JFK Middle School Bridge Rd., Florence

Mon-Fri 4-8pm, Sat 10am-5pm and Sun 11am-4:30pm (587-1046) or

at the Recreation Dept., 90 Locust St., Northampton

Mon-Fri 8:30am-4:30pm 587-1040

www.northamptonma.gov/recreation

NORTHAMPTON RECREATION DEPARTMENT - REGISTRATION FORM*Do not use this form for summer day camps, download that packet at www.northamptonma.gov/recreation***ADULT 1**

Name _____

Address _____

City _____ St _____ Zip _____

Home Phone _____ Work Ph _____

Cell _____

Email: _____

ADULT 2

Name _____

Address _____

City _____ St _____ Zip _____

Home Phone _____ Work Ph _____

Cell _____

Email: _____

EMERGENCY CONTACT OTHER THAN PARENT

Name _____

Phone _____

Photo Release: May Nton Rec. use photos of you or your family members for brochure, website, promotional use? ☐ Yes ☐ No**PARTICIPANT'S FULL NAME:** _____ ☐ Male ☐ Female

School _____ Date of Birth _____ Grade entering Fall 2014 _____

Program Name	Week #/Session(s)/Day	Basic Fee	Non-Res Fee	Total Basic Fees

TOTAL FEES**PARTICIPANT'S FULL NAME:** _____ ☐ Male ☐ Female

School _____ Date of Birth _____ Grade entering Fall 2014 _____

Program Name	Week #/Session(s)/Day	Basic Fee	Non-Res Fee	Total Basic Fees

TOTAL FEES:**PASS PURCHASE - BEACH OR AFC**

Pass for Beach or Aquatic Center Pass Type Fee

--	--	--

TOTAL DUE:

Pass Holders Names

Male/Female

Age

_____	Male/Female	_____
_____	Male/Female	_____
_____	Male/Female	_____
_____	Male/Female	_____
_____	Male/Female	_____

Special Considerations/Comments

(Use back if necessary)

Charge my VISA _____ Mastercard _____ Discover _____ Card # _____ Expiration _____

Name on Card _____ Signature _____

Office Use Only: Amt Recd \$ _____ Date _____ RT date _____ staff _____	Amt Recd \$ _____ Date _____ RT date _____ staff _____	Amt Recd \$ _____ Date _____ RT date _____ staff _____	Amt Recd \$ _____ Date _____ RT date _____ staff _____
Amt Recd \$ _____ Date _____ RT date _____ staff _____	Amt Recd \$ _____ Date _____ RT date _____ staff _____	Amt Recd \$ _____ Date _____ RT date _____ staff _____	Amt Recd \$ _____ Date _____ RT date _____ staff _____

Northampton Recreation Department 90 Locust St., Northampton, MA 01060 413-587-1040 www.northamptonma.gov/recreation